

THE KOHLRIESER LEADERSHIP INSTITUTE Presents

in Leadership

An open enrollment program designed to help you navigate the various transitions in life- whether personal, professional, or organizational. And find a new purpose and adventure based on your past experiences and leadership skills!

21-24 April, 2022

GOLFHOTEL *Les Hauts de Gstaad & SPA* Saanenmöser-Gstaad, Switzerland

<u>Program Director:</u> International Best-Selling Author and Distinguished **Prof. George Kohlrieser, Ph.D.** and a team of highly experienced coaches.

For more information, follow George Kohlrieser on Linkedin.com/in/georgekohlrieser/



PROGRAM DESCRIPTION

Are you in transition? Or would you like to be? Whether you are feeling stuck in a rut, in the process of leaving an organization or are simply looking for a new purpose in life- it is critical to get the right support, advice and new perspectives to successfully navigate the journey you are making.

Our *New Adventures in Leadership* program takes you to the beautiful Swiss mountains together with others who are looking for a new direction for their leadership and in their lives. Together with our experienced coaching team, you will gain new reflections, ideas as well as concrete actions to take you forward.

"Transitions are periods where we say goodbye to the past and embrace the opportunities of the future!"

-George Kohlrieser

Every major transition has three critical stages:

- 1) Saying goodbye to what was before,
- 2) The creative neutral zone where there is confusion and a pull between the past and the future,
- 3) And new beginnings where exciting new realities emerge

Based on your previous leadership skills, this workshop will explore how your transitions can set the stage for the next phase of your life!

As part of *New Adventures in Leadership*, we create the space for you to explore new ideas, to reflect and exchange with others. We invite you to look back at your life; take time to think, feel, acknowledge, review your journey; and ultimately start to imagine and design what is next for you.



KEY FACTS

VENUE

Golfhotel Les Hautes de Gstaad & SPA,

Saanenmöser-Gstaad, Switzerland

COURSE DATES

21.04.2022

22.04.2022

23.04.2022

24.04.2022

LANGUAGE

English

TUITION FEE

Program: 3.990 CHF
Accommodation & meals:
880 CHF (individual room, paid directly to hotel)

NUMBER OF PARTICIPANTS

24 Participants (max

PROGRAM DIRECTOR AND DELIVERY

New Adventures in Leadership will be delivered by Distinguished Prof. George Kohlrieser, an international best-selling author, former Hostage Negotiator, and director of the High-Performance Leadership program at IMD Business school.

In combination with George, there will be a team of highly experienced coaches that will work intimately with participants to implement his concepts in practical ways and develop a map for your next journey!





SESSION OVERVIEW

Day 1: Thursday, 21 April 2022- Foundations of Secure Base Leadership	
13.45	Welcome
14.00	Opening Session – Plenary
15.00	Foundations of Secure-Base Leadership: Bonding Cycle – Mind's Eye – Secure Bases – Dialogue – Plenary Coffee break at 16.00
17.30	Expectations & Personal Goals — Working in Coaching Groups
19.30	Working Dinner
Day 2: Friday, 22 April 2022- Exploring present and past adventures in my Leadership	
08.30	Learning Points – Meditation – Walk & Talk
10.00	Understanding Loss & Grief & Inspiration – Plenary
	Coffee break at 11.00)
12.30	Lunch & Walk & Talk
14.00	Exploring my past: successes, failures, losses, insights – Working in Coaching Groups
	Coffee break at 16.00
17.30	What is clear to me now – A Group Dialogue with George – Plenary
19.30	Dinner
21.00	Evening Meditation: Past – Present – Future
Day 3: Saturday, 23 April 2022- New Adventures	
08.30	Learning Points – Meditation – Walk & Talk
10.00	Inspiration – Motivation - Aspiration – Plenary
	Coffee break at 10.45
11.00	Inspiration – Motivation - Aspiration – Working in Coaching Groups
12.30	Lunch & Walk & Talk
14.00	Preparing for my New Leadership Adventure: — Plenary
	State – Dialogue – Conflict Management – Resilience
	Coffee break at 15.45
16.00	Shaping my leadership competencies — Working in Coaching Groups
18.30	Dinner at Grünings Farm
Day 4: Sunday, 24 April 2022- Getting ready	
08.30	
00.50	Meditation
09.00	Meditation Group Feedback
	Group Feedback
09.00	Group Feedback Coffee break at 10.15
09.00	Group Feedback Coffee break at 10.15 Integration, Leadership Vision — Working in Coaching Groups
09.00 10.30 12.30	Group Feedback Coffee break at 10.15 Integration, Leadership Vision — Working in Coaching Groups Lunch